

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



April 2021

Alla Vita Activity Calendar

					Rise and Shine Cooking with Julia Childs Lunch Prep Reminisce Music & Games <small>All Fools' Day</small>	Rise and Shine 1 Rise and Shine 2 Sit and Stretch Music & Crafts Lunch Prep Armchair Travels w/ Rick Steves <small>Good Friday</small>	Rise and Shine 3 Old Time Favorites (Music) 2:30 Live Entertainment w/ Dan Weibe Vintage Shows Sports Play/Games
Happy Easter! Rise and Shine Old Time Favorites (Music) Vintage Shows Aroma Therapy <small>Easter Sunday</small>	4 Rise and Shine Sing along Favorites Sherry Zak Chair Yoga Lunch Time Prep Matinee Movie Volleyball	5 Rise and Shine Musical Melodies Sit and Be Fit Juicing with Julie! Lunch time prep Puzzles	6 Rise and Shine Encouraging Words & Trivia Stretch to Music Lunch prep. Gospel Music/Devotion Time	7 Rise and Shine Encouraging Words & Trivia Stretch to Music Lunch prep. Gospel Music/Devotion Time	8 Rise and Shine Cooking with Julia Childs Lunch Prep Reminisce Music & Games	9 Rise and Shine Sit and Stretch Music & Crafts Lunch Prep Armchair Travels w/ Rick Steves	10 Rise and Shine Old Time Favorites (Music) 2:30 Live Entertainment w/ David Swaim Vintage Shows Sports Play/Games
	11 Rise and Shine Sing along Favorites Sherry Zak Chair Yoga Lunch Time Prep Matinee Movie Volleyball <small>Ramadan Begins</small>	12 Rise and Shine Musical Melodies Sit and Be Fit Juicing with Julie! Lunch time prep Puzzles	13 Rise and Shine Encouraging Words & Trivia Stretch to Music Lunch prep. Gospel Music/Devotion Time	14 Rise and Shine Encouraging Words & Trivia Stretch to Music Lunch prep. Gospel Music/Devotion Time	15 Rise and Shine Cooking with Julia Childs Lunch Prep Reminisce Music & Games	16 Rise and Shine Sit and Stretch Music & Crafts Lunch Prep Armchair Travels w/ Rick Steves	17 Rise and Shine Old Time Favorites (Music) 2:30 Live Entertainment w/ Jim Tharpe Vintage Shows Sports Play/Games
	18 Rise and Shine Sing along Favorites Sherry Zak Chair Yoga Lunch Time Prep Matinee Movie Volleyball	19 Rise and Shine Musical Melodies Sit and Be Fit Juicing with Julie! Lunch time prep Puzzles	20 Rise and Shine Encouraging Words & Trivia Stretch to Music Lunch prep. Gospel Music/Devotion Time	21 Rise and Shine Encouraging Words & Trivia Stretch to Music Lunch prep. Gospel Music/Devotion Time	22 Rise and Shine Cooking with Julia Childs Lunch Prep Reminisce Music & Games <small>Earth Day</small>	23 Rise and Shine Sit and Stretch Music & Crafts Lunch Prep Armchair Travels w/ Rick Steves	24 Rise and Shine Old Time Favorites (Music) 2:30 Live Entertainment w/ Scott Rice Vintage Shows Sports Play/Games
	25 Rise and Shine Sing along Favorites Sherry Zak Chair Yoga Lunch Time Prep Matinee Movie Volleyball	26 Rise and Shine Musical Melodies Sit and Be Fit Juicing with Julie! Lunch time prep Puzzles	27 Rise and Shine Encouraging Words & Trivia Stretch to Music Lunch prep. Gospel Music/Devotion Time	28 Rise and Shine Encouraging Words & Trivia Stretch to Music Lunch prep. Gospel Music/Devotion Time	29 Rise and Shine Cooking with Julia Childs Lunch Prep Reminisce Music & Games	30 Rise and Shine Sit and Stretch Music & Crafts Lunch Prep Armchair Travels w/ Rick Steves <small>Arbor Day</small>	